

Most Holy Redeemer Lunch Menu
September 2022

5	<p>Labor Day!</p> <p>No School</p>	<p>Chicken Breast Tenders Seasoned Fries Or Garden Salad with Grilled Chicken Fruit Cocktail</p>	<p>Hand Tossed Pizza with From-Scratch Dough and Fresh Tomato Sauce Fresh Veggie with Ranch Goldfish Crackers</p>	<p>Buttermilk Pancakes Sausage Links Or Chopped Salad Fruit and Yogurt Parfait</p>	<p>Pasta with Meat Sauce Marinara Roasted Vegetables Or Crispy Chicken Ranch Wrap Homemade Chocolate Chip Cookie</p>
6		<p>Ham and Cheese Sub Hand-Cut Potato Chips Or Chicken Caesar Salad Edible Cookie Dough</p>	<p>Quesadilla with Sour Cream Chips and Salsa Or Taco Salad Cinnamon Churro</p>	<p>Thick-Cut French Toast Bacon Or Garden Salad with Grilled Chicken Homemade Granola Fresh Sliced Fruit</p>	<p>Roasted Chicken Drumsticks Cheddar Mashed Potatoes Buttered Corn Kernels Or Buffalo Chicken Wrap Fresh Sliced Watermelon</p>
12	<p>Mini Corn Dogs Crispy Roasted Potatoes Buttered Sweet Corn Apple Slices</p>	<p>Baked Mac-n-Cheese Sauteed Green Beans Dinner Roll Or Chicken Caesar Salad Fresh Sliced Fruit</p>	<p>Hand Tossed Pizza with From-Scratch Dough and Fresh Tomato Sauce Fresh Veggie with Ranch Pretzel Twists</p>	<p>Grilled All Beef Hot Dog Ranch Pasta Salad Or Crispy Chicken Ranch Wrap Rice Crispy Treat</p>	<p>No School</p>
19	<p>Chicken Breast Nuggets Seasoned Fries Or Garden Salad with Grilled Chicken Peaches</p>	<p>100% Beef Cheeseburger Seasoned Fries Or Garden Salad with Grilled Chicken Fresh Sliced Fruit</p>	<p>Hand Tossed Pizza Or Chicken Caesar Salad Fresh Veggie with Ranch Scooby Snacks</p>	<p>Buttered Pasta with Parmesan Cheese Roasted Vegetables Garlic Breadstick Or Taco Salad Homemade Sugar Cookie</p>	<p>Crispy Chicken Sandwich Creamy Mashed Potatoes Or Crispy Chicken Ranch Wrap Fresh Grapes</p>
26	<p>Chicken and Waffles with Syrup Or Chopped Salad Vanilla Ice Cream Cup</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>
27					
28					
29					
30					

ALL MEALS INCLUDE DAILY CHOICE OF WHITE MILK or CHOCOLATE MILK