

Most Holy Redeemer Daily Lunch Menu

October 2022

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3	4	5	6	7
<p>Chicken Breast Tenders</p> <p>Seasoned Fries</p> <p>Mandarin Oranges</p>	<p>Sausage, Egg, and Cheese Sandwich on an English Muffin</p> <p>Hash Brown Patty</p> <p>Vanilla Ice Cream Cup</p>	<p>Hand Tossed Pizza with From-Scratch Dough and Fresh Tomato Sauce</p> <p>Fresh Veggie with Ranch</p> <p>Animal Crackers</p>	<p>No Hot Lunch</p>	<p>No School</p>
10	11	12	13	14
<p>Columbus Day</p> <p>No School</p>	<p>Grilled All Beef Hot Dog</p> <p>Seasoned Fries</p> <p>Apple Slices</p>	<p>Buttermilk Pancakes</p> <p>Sausage Patty</p> <p>Or</p> <p>Chicken Garden Salad</p> <p>Vanilla Yogurt with Granola</p>	<p>Pasta with Meatballs and Homemade Marinara</p> <p>Or</p> <p>Chicken Caesar Salad</p> <p>Chocolate Pudding</p>	<p>Ham and Cheese Sandwich</p> <p>Hand-Cut Potato Chips</p> <p>Or</p> <p>Crispy Chicken Ranch Wrap</p> <p>Confetti Cake</p>
17	18	19	20	21
<p>Chicken Breast Nuggets</p> <p>Seasoned Fries</p> <p>Peaches</p>	<p>Ground Beef Tacos with Cheddar Cheese</p> <p>Chips and Salsa</p> <p>Or</p> <p>Taco Salad</p> <p>Cinnamon Churro</p>	<p>Cheesy Pizza Bread</p> <p>Fresh Veggie with Ranch</p> <p>Scooby Snacks</p>	<p>Thick-Cut French Toast</p> <p>Bacon</p> <p>Or</p> <p>Chicken Garden Salad</p> <p>Homemade Granola</p> <p>Fresh Sliced Fruit</p>	<p>Buttered Pasta with Parmesan Cheese</p> <p>Roasted Vegetables</p> <p>Garlic Breadstick</p> <p>Donut Holes</p>
24	25	26	27	28
<p>Chicken Breast Tenders</p> <p>Seasoned Fries</p> <p>Fruit Cocktail</p>	<p>Baked Mac-n-Cheese</p> <p>Sautéed Green Beans</p> <p>Dinner Roll</p> <p>Or</p> <p>Crispy Chicken Ranch Salad</p> <p>Snickerdoodle Cookie</p>	<p>Hand Tossed Pizza with From-Scratch Dough and Fresh Tomato Sauce</p> <p>Fresh Veggie with Ranch</p> <p>Pretzel Twists</p>	<p>Waffles with Syrup</p> <p>Hash Brown Patty</p> <p>Sausage Patty</p> <p>Or</p> <p>Chopped Salad</p> <p>Fresh Sliced Fruit</p>	<p>Crispy Chicken Sandwich</p> <p>Creamy Mashed Potatoes</p> <p>Or</p> <p>Buffalo Chicken Wrap</p> <p>Oreo Cheesecake Cup</p>
31				
<p>Mini Corn Dogs</p> <p>Crispy Roasted Potatoes</p> <p>Sautéed Carrots</p> <p>Fresh Grapes</p>				

ALL MEALS INCLUDE DAILY CHOICE OF WHITE MILK, or CHOCOLATE MILK